



COVID-19 MITIGATION PLAN – BIHT 2022

This document is the prevention plan to avoid suffering an infestation of COVID-19.

GENERAL RULES

Barroca International Horse Trials 2022 will be celebrated without public, only riders, grooms and accredited people will be allowed to be in the competition and related areas.

Taking into account the current pandemic situation in Portugal, the FEI specialist for Covid measures has been consulted to review the mitigation plan in order to ensure safe events for every participants

The key measures to limit transmission is frequent hands washing, social distancing and the consistent use of masks by all (except when riding and eating), including outdoors if minimum distances cannot be kept. Recent findings in sport environments show that even a brief encounter can result in virus transmission if the persons involved did not wear a mask, especially indoor but also outdoors if distances were not kept. Droplets can travel several metres and in the sport environment people talk, call each other etc., which increases droplet release.

It's also important to make sure that people who do not need to be in contact with each other simply don't come in contact at all. They must avoid gathering and meeting people they do not absolutely need to see for the event's purpose.

All persons attending the show site will have to agree with this plan by signing it.

There will be clear and simple rules to be obeyed:

- The safety distance of 2 meters between people has to be respected all the time
- The use of protection mask is mandatory in all areas
- The common areas such as bathrooms, showers, office etc. will be disinfected four times every day
- There will be hydro alcoholic gel disposals in different areas to be used by people
- Any rider with symptoms will annulated his entry and leave the competition
- Any member of the jury or the organizing committee is enabled to eliminate and drive out any participant / assistant that doesn't follow the rules

1. ACCESS TO ARENA

- Its mandatory to access through the "competition entrance"
- At the access control there will be a temperature measurement, if the temperature is above 37,5 degrees the entrance will be forbidden.
- The parking area will be organized so lorries, vans and cars will keep the minimum distance of 2 m



- Transporters will be responsible of disinfection of their vehicles in a cleaning and disinfection centre

2. COMPETITION OFFICE

- All matters related to entries, boxes, schedules, results, etc. will be held on telephone or email, paper format will be avoided
- Office entrance will be permitted for only one person at time
- Its mandatory to access with face mask and disinfect hands with the hydro alcoholic gel that will be found at the entrance
- It's recommended to go to the office only for important matters (accreditations, documentation, payments, etc.)
- For other matters call: +351 919 702 405 or email chbarroca@gmail.com

3. BOXES AREA

- Access will be permitted only to authorized person. Accreditations must be obtained at the competition office

Barroca d'Alva

2890-152 Alcochete

Telephone: +351 919 702 405

chbarroca@gmail.com

- Boxes distribution will be designed to maintain distance between groups in order to avoid concentration
- Riders will be responsible for the disinfection of their drawers, equipment, vans, etc.
- We recommend them to help disinfecting their assigned area in stables
- There will be hydro alcoholic gel available in the horse's shower area for cleaning hands before using the hose. This area will be disinfected frequently by the organization

4. ARENAS

- In the warming up arena there will be a maximum of 7 riders at the same time
- Close to the arena there will be allowed only two people by rider, trainer and groom. They must be out of the arena in the designed area
- Any action of these two people, helping rider to change clothes, providing a drink, etc. must be done out of the warming up arena and maintaining the safety distance



4.1 DRESSAGE

- The proportion will be 200 square metres per rider warming up
- Only two people per rider is allowed, trainer and groom, they must stay out of the arena, in the designed area

4.2 SHOWJUMPING

- In the warming up area every rider will be assisted by only one person, whose name should be communicated to the chief Steward or the organization
- The sanitary rules will be the general ones of the event
- The riders will be divided in groups in order to organize access to competition and warming up arena
- The groups will have a maximum of 20 horses

4.3 CROSS COUNTRY

- The rider should be accompanied by only one person to the starting area
- In the finish and recuperation, the rider can be assisted by two persons to attend the horse, both of them have to wear facemask
- Once authorized by the vet they can leave the area

5. PRICE CEREMONIES

- The price giving will be divided in a few ceremonies during the day, in order to avoid people concentrations.
- Riders and related people always have to maintain the safety distance of 2 metres
- If the organization considers cancelling the ceremony they are allowed to do so, in that case the prices are to be picked up at the office

6. RESTROOMS AND SHOWERS

- Will be disinfected and cleaned 4 times every day
- Mandatory to disinfect hands before entering

7. MEDICAL SERVICES

- There will be a medical service available during all the event with ambulances and doctor
- The medical personnel will be available all the time

All persons attending the show site will have to agree with this plan by signing it.